

Peterborough Senior Center

42 Peterborough Street~Enter between 100 and 108 Jersey Street

617-536-7154 Open Mon-Thurs, 9:30-2:30 pm

| ~ July 2010 ~ | | | | | | |
|---------------|--|--|--|--|-----|---|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | | | | 1 10-How to eat Healthy/cheap! Noon: BBQ w/Chef Matti Potluck Dessert | 2 | 3 |
| 4 | 5 Center Closed Happy Independence Day!! | 6 10:Planning Meeting 11: Exercise w/ Mahmoud Noon: "A Mighty Wind" | 7 9:30 Yoga w/Pam 10: Blood Pressure 11: Short Stories 1: TAXI coupons | 8 10: How to eat Healthy/cheap! Noon:Lunch 12:15 Haiku 7pm: Boomer's Night Out Films:A Hard Day's Night | 9 | 10 |
| 11 | 12 9:30 Breakfast Club 11:"Ace in the Hole" 2:Yoga | 13 10:Task Force 11: Exercise Noon: "Arctic Tale" | 14 9:30 Yoga 10:Blood Pressure Noon:Art Class w/Bill and Olga | 15 GLOUCESTER TRIP!! Museum, Beach, lunch 8:30- ?? Cost? | 16 | 17 Celebration of Lisa Rein-Woisin's Life 11-2, Senior Center—Bring Food/Drinks |
| 18 | 19 9:30 Breakfast Club 11: "Last Tango In Paris" 2:Yoga | 20 11: Exercise Noon: "The TAMM Show" | 21 9:30 Yoga 10: Blood Pressure 11:Short Stories Noon:Lunch & JULY Birthdays | 22 10:30 Take a walk to a site tbd In Boston and Have lunch 7pm:Boomer's Night Out: Cool Hand Luke | 23 | 24 |
| 25 | 26 9:30 Breakfast Club 11: "As Good as It Gets" No Yoga Today | 27 11: Exercise Noon: "Wild Parrots of Telegraphy Hill" | 28 9:30 Yoga 10: Blood Pressure 11: Current Events w/Suzanne | 29 10: Eating Healthy & Cheap 11:45 "What are Your thoughts About Relation-Ships?w/Penina | 30 | 31 |

[More Calendars: 2011 Calendar, 2012 Calendar, Calendar Template](#)

A Note from the Director

The month of May ended for all of us here at the Senior Center on a very sad note. Lisa Rein-Woisin passed away on May 31 after a courageous struggle with cancer. She leaves behind her beloved husband, Michael Woisin and her beloved children, Emily and Jake who live in the area. Part of her living legacy is the creative, thoughtful, and extremely effective work she did in her ten years here at the Senior Center. With her dedication and vibrancy, she made the Peterborough Senior Center the dynamic, welcoming and nurturing place it is today. I know this personally because when I arrived here two years ago, the Senior Center had just won a prize for being the BEST Senior Center in Boston. The programming she had developed was first class and made my work so much easier. There will be a Memorial Service for Lisa on Saturday, July 17 from 11am-2pm at the Peterborough Senior Center. Please come and help us remember and honor Lisa Rein-Woisin.

Signs of summer are all around. We will have our first barbecue of the season with Master Chef, Matti Kniva Spencer who has been doing a bang-up job with the Breakfast Club on Mondays at 9:30. We'll also be taking our first big summer trip, this time to Gloucester where we will visit the Cape Ann Museum, have lunch and go to the beach. Please call in to sign up if you are interested. We need at least 20 people. Transportation is free. Total cost is \$5 for the museum plus the price of lunch and beach admission.

A new series free of charge will begin here in July. Called "Food Dollars" it will teach how to manage your food money to create healthy meals each month. The class is interactive with hands-on activities and a healthy snack. It is taught by Emily Stone of ABCD Elder Services who can also help you obtain food stamps.

Short Stories with Stephen Brophy, Watercolor Class with Bill Zebaio and Olga Goldus, and Current Events with Suzanne Comtois continue here at the Senior Center. A new discussion group called "What are your thoughts about----" will be held this month, focusing on how to create and maintain positive relationships with family and friends.

A new evening film series called "Boomers' Night Out" showing films of the 60's and 70's will take place on July 8 and July 22 at 7 pm with refreshments served.

We were happy to see many of you at the Fenway Ball. Come join in at the Senior Center this summer!

Yours,
Penina

JULY Films

A Mighty Wind

2003 PG-13 92 minutes

Satirist in extremis Christopher Guest aims his mockumentary lens at 1960s folk musicians -- specifically, the earnest Folksmen (portrayed by erstwhile Spinal Tappers Guest, Michael McKean and Harry. the too-perky New Main Street Singers and former lovebirds Mitch & Mickey. As the three acts prepare to reunite for a tribute concert, music and emotions run high.

Ace in the Hole

1951 NR 111 minutes

Fired from a number of big-city papers, reporter Charles Tatum (Kirk Douglas) tries to reestablish himself in New Mexico. When a local store owner is trapped in a cave-in, Tatum turns the victim's misfortune into a media frenzy to further his own career. A local sheriff agrees to help prolong the rescue efforts, thereby helping build up the story. This classic film has been touted as director Billy Wilder's sharpest, most uncompromising piece of work

Arctic Tale

2007 G 86 minutes

Following the epic struggle of a tenacious young walrus and a polar bear, this saga of survival amid the rapidly changing Arctic wilderness comes from the creators of March of the Penguins and An Inconvenient Truth. Queen Latifah narrates the life journey of Seela the walrus and Nanu the polar bear, from birth through maturity and parenthood, where the cycle begins anew and they pass what they've learned to the next generation.

Last Tango in Paris

1972 NC-17 130 minutes

In this art-house classic, Hollywood heavyweight Marlon Brando delivers a tour de force performance as an American expatriate living in Paris who's still spinning from his estranged wife's sudden suicide. While searching for an apartment, the grief-stricken widower encounters an equally despondent young Frenchwoman (Maria Schneider), and the couple embarks on an anonymous, no-strings-attached sexual liaison.

The T.A.M.I. Show

1964 NR 112 minutes

Hailed by critics as one of the most important events in rock 'n' roll history, the T.A.M.I. Show -- featuring a lineup including rock, soul, blues and British invasion superstars -- brought an unprecedented array of talent to the Santa Monica Civic Auditorium in fall 1964. Among the artists performing in this dynamite concert film are the Beach Boys, James Brown, the Rolling Stones, Chuck Berry, Lesley Gore, Marvin Gaye and the Supremes.

As Good as It Gets

1997 PG-13 138 minutes

When acerbic, reclusive and obsessive-compulsive author Melvin Udall (Jack Nicholson) lets stressed-out single mom and waitress Carol Connelly (Helen Hunt) and gay neighbor Simon Bishop (Greg Kinnear) and his dog into his life, profound changes await them all in this touching dramedy. Nominated for seven Academy Awards, including Best Picture and Best Screenplay, the film won Oscars for Nicholson's and Hunt's heartfelt performances.

The Wild Parrots of Telegraph Hill

2005 G 83 minutes

This poignant documentary chronicles the true story of a modern-day St. Francis of Assisi, a homeless San Francisco street musician by the name of Mark Bittner who adopts a flock of wild parrots as he searches for meaning in his life. With a surprise ending that left festival audiences cheering, director Judy Irving's film celebrates urban wildness -- human and avian -- and links parrot antics to human behavior.